



SEQ LEVEL 1

Swimming Assistant (Teaching)

QUALIFICATION SUMMARY

(QAN): 601/8230/1

Welcome to the SEQ Level 1 Swimming Assistant (Teaching) Qualification Summary

About Swim England Qualifications

We develop market-leading qualifications for the aquatic industry.

As the awarding organisation for the national governing body for swimming in England, we aim to ensure our qualifications are high quality and reflect the latest industry developments.

Our qualifications are designed to:

- create a professional, high quality and diverse workforce
- equip learners with real world know-how and skills for the next stage in their career development
- meet industry recognised standards and the needs of employers.

The full list of qualifications awarded by Swim England Qualifications can be found on the Ofqual Register of Regulated Qualifications: register.ofqual.gov.uk or via Qualification Wales: qiw.wales.

Equal Opportunities

Swim England Qualifications fully supports the principles of equal opportunities and is committed to satisfying these in all activities and published materials. A copy of our Equality and Diversity Policy is available on our website: swimenglandqualifications.com.



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1 Introduction to the qualification

1.1 CIMSPA professional standard endorsement

This qualification has been endorsed as meeting the requirements of the professional standard for the role of an Assistant Swimming Teacher.

CIMSPA maintain the professional standard for an Assistant Swimming Teacher. The professional standard outlines the role and scope of an Assistant Swimming Teacher and the essential knowledge and skills that are needed to meet the sectors minimum deployment standards.

1.2 Entry requirements

Individuals must be 16 years of age or older on the first day of the course.

1.3 About this qualification

Qualification title:	SEQ Level 1 Swimming Assistant (Teaching)
Qualification number:	601/8230/1
Qualification Level:	1
Registration Period:	12 months from the first day of registration
Total Qualification Time (TQT):	30 hours
Guided Learning (GL):	26 hours

GL is the amount of time an individual spends being taught or instructed by a Swim England licensed Educator.

TQT is comprised of the following two elements:

1. the number of hours which we have assigned to a qualification for Guided Learning
2. an estimate of the number of hours an individual will reasonably be likely to spend in preparation, study or other form of participation in education or training, including assessment.

This qualification has been designed in order to enable the combined delivery of this SEQ Level 1 Swimming Assistant (Teaching) with either the SEQ Level 2 Teaching Swimming and/or SEQ Level 2 Teaching Swimming to Babies and Toddlers.

1.4 Who the qualification is for

This qualification is for individuals that want to start a career in swimming.

1.5 What the qualification could lead to

The qualification may also enable individuals to progress to other higher-level aquatics based qualifications within the sector such as:

- **SEQ Level 2 Teaching Swimming**
- **SEQ Level 2 Teaching Swimming to Babies and Toddlers**
- **SEQ Level 3 Swim Coordinator**

It may also enable individuals to seek employment and/or progression within the wider sport and active leisure sector or a related industry.

1.6 Objective of the qualification

The objectives of the qualification are to either:

- prepare individuals to progress to a qualification in the same subject area but at a higher level
- prepare individuals that require more specific knowledge, skills and understanding
- prepare individuals for employment
- support a role in the workplace, or
- give individuals personal growth and engagement in learning.

1.7 What the qualification covers

The qualification provides individuals with the essential knowledge and skills needed to assist a qualified Swimming Teacher in delivering high quality inclusive swimming lessons in a range of settings, for example at a leisure centre, swim school or club learn to swim programme.

1.8 Structure of the qualification

The SEQ Level 1 Swimming Assistant (Teaching) qualification consists of the following Learning Outcomes and Assessment Criteria.

SEQ Level 1 Swimming Assistant (Teaching)	
Learning outcomes <i>The Learner will be able to...</i>	Assessment criteria <i>The Learner can...</i>
1. Understand the role and responsibilities	<ul style="list-style-type: none"> • Identify relevant legal regulatory requirements • Identify organisational policies and procedures • Describe the role and responsibilities of a Swimming Assistant
2. Understand the participant journey	<ul style="list-style-type: none"> • Identify the FUNdamental movement skills • Outline the Core Aquatic Skills • Identify the FUNdamental movement skills and the Core Aquatic Skills needed to support the development of complex skills
3. Know the component parts of the strokes	<ul style="list-style-type: none"> • Identify the key features of the component parts of the strokes
4. Know how to create an inclusive environment	<ul style="list-style-type: none"> • Describe how to support the creation of an inclusive swimming lesson • Identify the possible signs and causes of anxiety • Outline how to support an anxious participant
5. Know the purpose of components of a swimming lesson	<ul style="list-style-type: none"> • Outline the purpose of components of a swimming lesson
6. Support participants and the Swimming Teacher	<ul style="list-style-type: none"> • Undertake assistive tasks • Demonstrate action to deal with hazards • Outline the scientific principles in swimming • Describe types of swimming equipment • Provide support to meet the participant needs • Use positive behaviour strategies with a participant
7. Demonstrate effective communication skills	<ul style="list-style-type: none"> • Use verbal and non-verbal communication skills • Demonstrate professional conduct • Describe verbal and non-verbal communication skills
8. Review own performance	<ul style="list-style-type: none"> • Outline performance feedback • Identify strengths and areas for improvement of own performance • Identify continuing professional development opportunities

2 Assessment

2.1 Assessment Summary

The purpose of assessment is to ensure that effective learning has taken place and to enable individuals the opportunity to demonstrate their learning through the achievement of all the Learning Outcomes and Assessment Criteria.

2.2 Assessment Process

The Approved Training Centre undertakes the assessment. This is referred to as internal assessment.

All evidence produced by the individual must be their own, and in English.

All Learning Outcomes and Assessment Requirements must be achieved.

2.3 Assessment Tasks

Assessment is made up of a number of activities that are set by Swim England Qualifications and include:

- **Theoretical questions**
- **Observation**
- **Review record**

For Approved Training Centres that wish to develop their own assessment activities they should refer to the related qualification SEQ Assessment Strategy.

3 Contact points

T: 01509 640 493

E: info@swimenglandqualifications.com

W: swimenglandqualifications.com

4 Head office address

Swim England Qualifications

Pavilion 3

SportPark

3 Oakwood Drive

Loughborough University

LE11 3QF

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Pavilion 3, SportPark, 3 Oakwood Drive, Loughborough University, Leicestershire LE11 3QF
Tel: 01509 640493 | swimenglandqualifications.com | info@swimenglandqualifications.com



Swimming Qualifications



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SEQ LEVEL 2

Teaching Swimming

QUALIFICATION SUMMARY

(QAN): 603/2574/4

Welcome to the SEQ Level 2 Teaching Swimming Qualification Summary

About Swim England Qualifications

We develop market-leading qualifications for the aquatic industry.

As the awarding organisation for the national governing body for swimming in England, we aim to ensure our qualifications are high quality and reflect the latest industry developments.

Our qualifications are designed to:

- create a professional, high quality and diverse workforce
- equip learners with real world know-how and skills for the next stage in their career development
- meet industry recognised standards and the needs of employers.

The full list of qualifications awarded by Swim England Qualifications can be found on the Ofqual Register of Regulated Qualifications: register.ofqual.gov.uk or via Qualification Wales: qiw.wales.

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1 Introduction to the qualification

1.1 CIMSPA professional standard endorsement

This qualification has been endorsed as meeting the requirements of the professional standard for the role of a Swimming Teacher. Holders of this qualification are eligible for Chartered Institute for the Management of Sport and Physical Activity (CIMSPA) Swimming Teacher Practitioner membership.

CIMSPA maintain the professional standard for a Swimming Teacher. The professional standard outlines the role and scope of a Swimming Teacher and the essential knowledge and skills that are needed to meet the sectors minimum deployment standards.

1.2 Entry requirements

Learners must:

- be 16 years of age or older on the first day of the course
- hold a SEQ Level 1 Swimming Assistant (Teaching) or Swim England/ASA equivalent.

We reserve the right to identify and approve any other appropriate qualification as a pre-requisite and as may be determined by us from time to time.

If an individual has already achieved our SEQ Level 2 Teaching Swimming to Babies and Toddlers 2022 version 3 qualification and progresses on to the SEQ Level 2 Teaching Swimming 2022 version 4 qualification, they may present their certificate as evidence towards the Assessment Criteria within this qualification.

We have defined aspects of the achievement of our SEQ Level 2 Teaching Swimming to Babies and Toddlers 2022 version 3 to this SEQ Level 2 Teaching Swimming 2022 version 4 qualification that do not necessarily require repeating.

In these circumstances, the Total Qualification Time (TQT) and Guided Learning (GL) would be expected as follows:

Total Qualification Time (TQT):	30 hours
Guided Learning (GL):	21 hours

If an individual has achieved an SEQ, Swim England or ASA equivalent version there are still opportunities for reduced TQT and GL, advice on this option would be provided via an Approved Training Centres Recognition of Prior Learning (RPL) process.

1.3 About this qualification

Qualification title:	SEQ Level 2 Teaching Swimming
Qualification number:	603/2574/4
Qualification Level:	2
Registration Period:	12 months from the first day of registration
Total Qualification Time (TQT):	62 hours
Guided Learning (GL):	52 hours

GL is the amount of time an individual spends being taught or instructed by a Swim England licensed Educator.

TQT is comprised of the following two elements:

1. the number of hours which we have assigned to a qualification for Guided Learning
2. an estimate of the number of hours an individual will reasonably be likely to spend in preparation, study or other form of participation in education or training, including assessment.

This qualification has been designed in order to enable the combined delivery of this SEQ Level 2 Teaching Swimming with either the SEQ Level 1 Swimming Assistant (Teaching) and/or SEQ Level 2 Teaching Swimming to Babies and Toddlers.

1.4 Who the qualification is for

The SEQ Level 2 Teaching Swimming qualification is for individuals that want to progress from their:

- **SEQ Level 1 Swimming Assistant (Teaching) qualification, or**
- **SEQ Level 2 Teaching Swimming to Babies and Toddlers qualification**

In order to enable them to develop their knowledge, skills and confidence to teach swimming lessons.

1.5 What the qualification could lead to

The qualification may also enable individuals to progress to other aquatics based qualifications or higher qualifications within the sport such as:

- **SEQ Level 2 Teaching Swimming to Babies and Toddlers**
- **SEQ Level 2 Coaching Open Water Swimming**
- **SEQ Level 3 Swim Coordinator**

It may also enable individuals to seek employment within the sport and active leisure sector or another related industry.

1.6 Objective of the qualification

The objectives of the qualification are to either:

- prepare individuals to progress to a qualification in the same subject area but at a higher level
- prepare individuals that require more specific knowledge, skills and understanding
- prepare individuals for employment
- support a role in the workplace, or
- give individuals personal growth and engagement in learning.

1.7 What the qualification covers

The qualification enables individuals to effectively plan, prepare, deliver and evaluate swimming lessons independently. It also gives individuals the skills and confidence to provide quality, inclusive and fun swimming lessons.

1.8 Structure of the qualification

The SEQ Level 2 Teaching Swimming qualification consists of the following Learning Outcomes and Assessment Criteria.

SEQ Level 2 Teaching Swimming	
Learning outcomes <i>The Learner will be able to...</i>	Assessment criteria <i>The Learner can...</i>
1. Understand the role and responsibilities	<ul style="list-style-type: none"> • Explain relevant legal regulatory requirements. • Explain the safety considerations of teaching from the poolside and in the water. • Describe the responsibilities of a Swimming Teacher.
2. Understand the role in promoting aquatics	<ul style="list-style-type: none"> • Explain why developing physical literacy is important to participants development. • Describe the first two stages of the participant journey through aquatics. • Explain how to adapt to meet the differences in school swimming lessons. • Describe how to encourage lifelong participation in aquatics. • Outline how swimming related products and services promote retention.
3. Plan for swimming lessons	<ul style="list-style-type: none"> • Produce overviews for a series of swimming lessons. • Produce a range of swimming lesson plans for delivery.
4. Teach swimming lessons	<ul style="list-style-type: none"> • Deliver a range of planned swimming lessons. • Demonstrate safe delivery of activities and practices in swimming lessons. • Explain the influence of scientific principles on a participant in the water. • Identify the advantages and disadvantages of different types of swimming equipment. • Explain how to meet the needs of participants. • Deliver teaching methods to meet participant needs. • Deliver lesson organisational methods to meet participant needs. • Implement adaptations to meet needs of participants. • Assess participants.
5. Demonstrate lesson management skills	<ul style="list-style-type: none"> • Use positive behaviour strategies with a participant. • Demonstrate lesson behaviour management skills. • Demonstrate time management skills. • Supervise and instruct those supporting participants.
6. Develop participants Core Aquatic Skills	<ul style="list-style-type: none"> • Outline the Core Aquatic Skills. • Teach the Core Aquatic Skills using progressive practices and activities. • Identify common faults in Core Aquatic Skills. • Implement correction methods for Core Aquatic Skills.
7. Develop participants swimming strokes	<ul style="list-style-type: none"> • Describe key features of the component parts of swimming strokes. • Teach the swimming strokes using progressive practices and activities. • Identify common faults in swimming strokes. • Implement correction methods to swimming strokes.
8. Demonstrate effective communication skills	<ul style="list-style-type: none"> • Use verbal and non-verbal communication skills. • Demonstrate professional conduct.
9. Evaluate own performance	<ul style="list-style-type: none"> • Complete a self-evaluation of own performance.
10. Plan for professional development	<ul style="list-style-type: none"> • Complete a professional development plan.

2 Assessment

2.1 Assessment Summary

The purpose of assessment is to ensure that effective learning has taken place and to enable individuals the opportunity to demonstrate their learning through the achievement of all the Learning Outcomes and Assessment Criteria.

2.2 Assessment Process

The Approved Training Centre undertakes the assessment. This is referred to as internal assessment.

All evidence produced by the individual must be their own, and in English.

All Learning Outcomes and Assessment Requirements must be achieved.

2.3 Assessment Tasks

Assessment is made up of a number of activities that are set by Swim England Qualifications and include:

- **Theoretical Questions**
- **Overviews**
- **Lesson plans**
- **Observation**
- **Self-Evaluation**
- **Professional Development Plan**

For Approved Training Centres that wish to develop their own assessment activities they should refer to the related qualification SEQ Assessment Strategy.

3 Contact points

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W: swimenglandqualifications.com

4 Head office address

Swim England Qualifications

Pavilion 3

SportPark

3 Oakwood Drive

Loughborough University

LE11 3QF

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Pavilion 3, SportPark, 3 Oakwood Drive, Loughborough University, Leicestershire LE11 3QF
Tel: 01509 640493 | swimenglandqualifications.com | info@swimenglandqualifications.com



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